



ACT COURSE
UNIT STRUCTURE

MODULE 1 – THE COMPETITIVE MINDSET



- 1. PHASE 1: MINDSET
 - 1. WHY START WITH MINDSET?
 - 1. WHY AM I HERE?
 - 1. WHY TAKE THE ACT?
 - 1. THE COMPETITIVE MINDSET
 - 1. WHAT SHOULD MY GOALS BE?
 - 1. WHAT PACE OF IMPROVEMENT IS NORMAL?
 - 1. HOW DO I MAXIMIZE MY SCORE?

MODULE 2 – STRESS & ANXIETY



- 1. HOW DOES STRESS WORK?
- 1. CAN I OVERCOME MY ANXIETY?
- 1. WHAT IF I ALWAYS RUN OUT OF TIME?
- 1. WHAT IF I'M “NOT A GOOD TESTER”?
- 1. WHAT IF I'M NOT CONFIDENT?
- 1. WHAT IF THE TEST IS A DISASTER?
- 1. WHAT IF I DON'T HAVE TIME TO PREPARE?

MODULE 3 – DIAGNOSTIC



- 1. MANAGING THIS COURSE
- 1. I'M READY
- 1. HOW TO TAKE PRACTICE TESTS
- 1. PRACTICE TEST 1 - DIAGNOSTIC
- 1. READING YOUR SCORE REPORT

MODULE 4 – ENGLISH TECHNIQUE



- 2. USING TECHNIQUES PROPERLY
- 2. ENGLISH – SECTION INTRODUCTION
- 2. ENGLISH – STEP 1: QUESTION BY QUESTION
- 2. ENGLISH – STEP 2: SOUNDS GOOD IS NOT ENOUGH
- 2. ENGLISH – STEP 3: KEY GRAMMAR CATEGORIES
- 2. ENGLISH – STEP 4: HELPFUL PROCEDURES
- 2. ENGLISH – STEP 5: SKIP & COME BACK
- 2. ENGLISH – SECTION PRACTICE 1

MODULE 5 – PUNCTUATION & CLAUSES



- 3. ENGLISH – CONTENT OVERVIEW
- 3. ENGLISH – SEMICOLONS & PERIODS
- 3. ENGLISH – COMMAS
- 3. ENGLISH – DASHES & PARENTHESES
- 3. ENGLISH – COLONS
- 3. ENGLISH – CLAUSE STRUCTURE
- 3. ENGLISH – SECTION PRACTICE 2

MODULE 6 – EXPRESSIONS & OTHER RULES



- 3. ENGLISH – VOCABULARY
- 3. ENGLISH – EXPRESSIONS
- 3. ENGLISH – MODIFIERS
- 3. ENGLISH – VERBS
- 3. ENGLISH – PARALLELISM
- 3. ENGLISH – POSSESSIVES
- 3. ENGLISH – CONNECTORS
- 3. ENGLISH – PRONOUNS

MODULE 7 – ENGLISH PASSAGES 1



- 4. HOW CAN I GET MY SCORES UP?
- 4. ENGLISH – PASSAGE 1
- 4. ENGLISH – PASSAGE 2
- 4. ENGLISH – PASSAGE 3
- 4. ENGLISH – PASSAGE 4
- 4. ENGLISH – PASSAGE 5
- 4. ENGLISH – SECTION PRACTICE 4

MODULE 8 – PROCEDURES & CONTENT



- 3. ENGLISH – CHECK DELETE FIRST
- 3. ENGLISH – CHECK SHORTEST FIRST
- 3. ENGLISH – CONTENT SPECIFICATION
- 3. ENGLISH – INCLUDE OR EXCLUDE
- 3. ENGLISH – SENTENCE PLACEMENT
- 3. ENGLISH – INTRODUCTIONS & TRANSITIONS
- 3. ENGLISH – PRIMARY PURPOSE
- 3. ENGLISH – SECTION PRACTICE 3

MODULE 9 – ENGLISH PASSAGES 2



- 4. ENGLISH – PASSAGE 6
- 4. ENGLISH – PASSAGE 7
- 4. ENGLISH – PASSAGE 8
- 4. ENGLISH – PASSAGE 9
- 4. ENGLISH – PASSAGE 10
- 4. PRACTICE TEST 4

MODULE 10 – MATH TECHNIQUE



- 2. MATH – SECTION INTRODUCTION
- 2. MATH – STEP 1: UNDERLINE KEY WORDS
- 2. MATH – STEP 2: PARENTHESES AROUND QUESTION
- 2. MATH – STEP 3: BACKSOLVING
- 2. MATH – STEP 4: PICKING NUMBERS
- 2. MATH – STEP 5: SKIP & COME BACK
- 2. MATH – SECTION PRACTICE 1

MODULE 11 – BASIC ALGEBRA



- 3. MATH – CONTENT OVERVIEW
- 3. MATH – BASIC ALGEBRA
- 3. MATH – EQUIVALENT EXPRESSIONS
- 3. MATH – ARITHMETIC WORD PROBLEMS
- 3. MATH – FRACTIONS
- 3. MATH – IN TERMS OF
- 3. MATH – FUNCTIONS
- 3. MATH – LINES

MODULE 12 – COMMON OPERATIONS



- 3. MATH – SYSTEMS OF EQUATIONS
- 3. MATH – INEQUALITIES
- 3. MATH – PERCENTAGES
- 3. MATH – LCM & GCF
- 3. MATH – ABSOLUTE VALUE
- 3. MATH – RATIOS & PROPORTIONS
- 3. MATH – DISTANCE & MIDPOINT
- 3. MATH – DISTANCE = RATE X TIME

MODULE 13 – ADVANCED TOPICS 1



- 3. MATH – EXPONENTS
- 3. MATH – LOGARITHMS
- 3. MATH – RADICALS
- 3. MATH – CYCLIC PATTERNS
- 3. MATH – SCIENTIFIC NOTATION
- 3. MATH – COMPLEX NUMBERS
- 3. MATH – SECTION PRACTICE 2

MODULE 14 – MATH PROBLEMS 1



- 4. MATH – 1-15 A
- 4. MATH – 16-30 A
- 4. MATH – 31-45 A
- 4. MATH – 46-60 A
- 4. MATH – SECTION PRACTICE 4

MODULE 15 – ADVANCED TOPICS 2



- 3. MATH – SEQUENCES
- 3. MATH – MATRICES
- 3. MATH – DIFFERENTIAL MEANS
- 3. MATH – FACTORING
- 3. MATH – ADVANCED QUADRATICS
- 3. MATH – VECTORS

MODULE 16 – GEOMETRY 1



- 3. MATH – TRIANGLES
- 3. MATH – ANGLES
- 3. MATH – CIRCLES
- 3. MATH – ELLIPSES
- 3. MATH – VOLUME

MODULE 17 – GEOMETRY 2



- 3. MATH – GEOMETRY WORD PROBLEMS
- 3. MATH – TRANSFORMATIONS
- 3. MATH – TRIGONOMETRY
- 3. MATH – LAWS OF SINES & COSINES
- 3. MATH – OTHER GEOMETRY

MODULE 18 – STATISTICS



- 3. MATH – SUMMARY STATISTICS
- 3. MATH – DATA ANALYSIS
- 3. MATH – COMBINATIONS & PERMUTATIONS
- 3. MATH – PROBABILITY
- 3. MATH – FORMULA SHEET
- 3. MATH – SECTION PRACTICE 3

MODULE 19 – MATH PROBLEMS 2



- 4. MATH – 1-15 B
- 4. MATH – 16-30 B
- 4. MATH – 31-45 B
- 4. MATH – 46-60 B
- 4. PRACTICE TEST 5

MODULE 20 – READING TECHNIQUE



- 2. READING – SECTION INTRODUCTION
- 2. READING – STEP 1: READ THE PASSAGE
- 2. READING – STEP 2: MAKE A PREDICTION
- 2. READING – STEP 3: SWEEP 1
- 2. READING – STEP 4: SWEEP 2
- 2. READING – STEP 5: SKIP & COME BACK
- 2. READING – SECTION PRACTICE 1

MODULE 21 – READING PASSAGE TYPES



- 3. READING – CONTENT OVERVIEW
- 3. READING – LITERARY NARRATIVE PASSAGES
- 3. READING – SOCIAL SCIENCE PASSAGES
- 3. READING – HUMANITIES PASSAGES
- 3. READING – NATURAL SCIENCE PASSAGES
- 3. READING – SECTION PRACTICE 2

MODULE 22 – READING PASSAGES 1



- 4. READING – PASSAGE 1
- 4. READING – PASSAGE 2
- 4. READING – PASSAGE 3
- 4. READING – PASSAGE 4
- 4. READING – SECTION PRACTICE 4

MODULE 23 – READING QUESTION TYPES



- 3. READING – BIG PICTURE QUESTIONS
- 3. READING – WORD CHOICE QUESTIONS
- 3. READING – CLOSE READING QUESTIONS
- 3. READING – INFERENCE QUESTIONS
- 3. READING – PASSAGE COMPARISON QUESTIONS
- 3. READING – TIME MANAGEMENT
- 3. READING – SECTION PRACTICE 3

MODULE 24 – READING PASSAGES 2



- 4. READING – PASSAGE 5
- 4. READING – PASSAGE 6
- 4. READING – PASSAGE 7
- 4. READING – PASSAGE 8
- 4. PRACTICE TEST 6

MODULE 25 – ENGLISH & READING MASTERY



- 5. ENGLISH – ADVANCED COMMA STRATEGIES
- 5. ENGLISH – THE HIGHEST STANDARD
- 5. ENGLISH – WHEN YOUR EAR ACTUALLY HELPS
- 5. READING – ALTERNATE TIME STRATEGIES
- 5. READING – PAIRED PASSAGES
- 5. READING – WHAT DO YOU EXPECT TO SEE?

MODULE 26 – SCIENCE TECHNIQUE



- 2. SCIENCE – SECTION INTRODUCTION
- 2. SCIENCE – STEP 1: QUESTIONS FIRST
- 2. SCIENCE – STEP 2: UNDERLINE KEY WORDS
- 2. SCIENCE – STEP 3: GRAPH READING
- 2. SCIENCE – STEP 4: PROCESS OF ELIMINATION
- 2. SCIENCE – STEP 5: SKIP & COME BACK
- 2. SCIENCE – SECTION PRACTICE 1
- 2. PRACTICE TEST 2

MODULE 27 – SCIENCE PASSAGE TYPES



- 3. SCIENCE – CONTENT OVERVIEW
- 3. SCIENCE – THE ROADMAP
- 3. SCIENCE – PURE GRAPH PASSAGES
- 3. SCIENCE – EXPERIMENT PASSAGES
- 3. SCIENCE – COMPARATIVE HYPOTHESIS PASSAGES
- 3. SCIENCE – SECTION PRACTICE 2

MODULE 28 – SCIENCE PASSAGES 1



- 4. SCIENCE – PASSAGE 1
- 4. SCIENCE – PASSAGE 2
- 4. SCIENCE – PASSAGE 3
- 4. SCIENCE – PASSAGE 4
- 4. SCIENCE – PASSAGE 5
- 4. SCIENCE – PASSAGE 6
- 4. SCIENCE – SECTION PRACTICE 4

MODULE 29 – SCIENCE QUESTION TYPES



- 3. SCIENCE – FIGURE ANALYSIS QUESTIONS
- 3. SCIENCE – TWO PART QUESTIONS
- 3. SCIENCE – EXPERIMENTAL DESIGN QUESTIONS
- 3. SCIENCE – BASIC SCIENCE QUESTIONS
- 3. SCIENCE – HYPOTHESIS IMPLICATION QUESTIONS
- 3. SCIENCE – SECTION PRACTICE 3
- 3. PRACTICE TEST 3

MODULE 30 – SCIENCE PASSAGES 2



- 4. SCIENCE – PASSAGE 7
- 4. SCIENCE – PASSAGE 8
- 4. SCIENCE – PASSAGE 9
- 4. SCIENCE – PASSAGE 10
- 4. SCIENCE – PASSAGE 11
- 4. SCIENCE – PASSAGE 12
- 4. PRACTICE TEST 7

MODULE 31 – MATH & SCIENCE MASTERY



- 5. MATH – CALCULATOR OPERATIONS
- 5. MATH – MANAGING UNFAMILIAR MATERIAL
- 5. MATH – ADVANCED CONIC SECTIONS
- 5. SCIENCE – TRICKY PHRASING
- 5. SCIENCE – FOLLOWING THE ROADMAP
- 5. SCIENCE – STAYING LOCKED IN
- 5. PRACTICE TEST 8

MODULE 32 – META-TESTING CONSIDERATIONS



- 5. TESTING – ANSWER CHOICE STREAKS
- 5. TESTING – SWITCHING ANSWERS
- 5. TESTING – NEVER MAKE THINGS UP
- 5. TESTING – BREAKING PLATEAUS
- 5. TESTING – AIMING FOR 36
- 5. PRACTICE TEST 9

MODULE 33 – FINAL PREPARATIONS



- 5. TESTING – THE WEEK OF THE TEST
- 5. TESTING – TEST DAY
- 5. TESTING – ADDITIONAL TESTS
- 5. PRACTICE TEST 10
- 5. THANK YOU

MODULE 34 – BONUS PRACTICE TESTS



- 6. BONUS PRACTICE TEST PHASE